

food in the hotels and restaurants in those cities, and they will not be surprised that the German nurses evidently make a strong point of the food for their patients. We do not forget, notwithstanding "our unhappy divisions," that the German Nurses' Association is united with us in the International Council of Nurses to further the efficient care of the sick. From our illustration they appear to recognize that the basis of good nursing is good feeding.

A special committee of the Glasgow Corporation has approved of a recommendation for a six-day week for its nurses, and has been informed by the Medical Officer that this will involve an extra expenditure of £4,588, for which he submits the following estimate:—Salaries of seventy-five nurses £2,427, wages for increased number of maids £546, cost of food for additional nurses and maids £1,365, and additional charge for cleaning materials, repairs, &c., £250. The City Engineer also reported that thirty-five additional bedrooms would be required at Belvidere, costing about £3,500, and forty at Ruchill, costing about £4,000. The Health Committee recommend that in the event of this recommendation being approved by the Corporation, it be remitted back to the special sub-committee to arrange for the additional bedroom accommodation. The General Finance Committee has recommended that the proposed expenditure be sanctioned. No doubt the Corporation will receive value for their money in the added efficiency and improved health of the nursing staffs in their hospitals.

LEAGUE NEWS.

A general meeting of the League of the City of Westminster Infirmary, Hendon, was held on Monday, December 7th, which was very well attended considering that a number of the members are actively engaged in war nursing. At the conclusion of the business part of the meeting tea was served in the Sisters' recreation-room, at which Miss Elma Smith presided. Then followed a very interesting lecture on "Some Aspects of the War" by the Chaplain, Rev. J. Waldron.

The President then read an account of refugee work, which is being most ably undertaken by the L.G.B., through whose hands about 80,000 refugees have already passed.

The arrival of a letter during the meeting from Sister Punchard (who is in charge of a hospital at Calais) was most opportune and much appreciated.

OUR PRIZE COMPETITION.

We regret to say that none of the papers sent in this week on the subject "When is drainage used, and why? Name four methods and material that may be employed" are of sufficient merit to justify the award of a prize. Is the education of the modern nurse so restricted to aseptic methods that she is nonplussed by a question on drainage?

QUESTION FOR NEXT WEEK.

Define the words (a) sterile, (b) asepsis, (c) disinfectants, (d) sterilization, (e) what is most effective?

CHRISTMAS PRESENTS.

The present upon which most interest centres this year is unquestionably Princess Mary's gift to sailors and soldiers, which through the generosity of the public, whom her Royal Highness has associated with her in sending this offering, will go to every man on active service, and it is hoped to others also, as well as to the nurses with the Expeditionary Force. By the courtesy of the *Daily News and Leader* we are able to publish on page 494, an illustration of the cover of the pretty bronze box which will contain part of Princess Mary's present to the troops.

For smokers the box contains two neat little packages, one of tobacco, the other of cigarettes. A pipe will also be included. Enclosed with these is a dainty Christmas card decorated with a spray of holly, and notifying that the gift comes from the Princess and friends at home. For the men who do not smoke the boxes will contain sweets, and those which, by a very kindly thought, are to be sent to the nurses, will be filled with chocolate.

HOSPITALS & GENERAL CONTRACTS CO., LTD.

The Hospitals & General Contracts Co., Ltd., 19-35, Mortimer Street, W., supply every kind of nursing and medical appliance at prices which must commend themselves to all. A visit to their show rooms will afford an opportunity for the selection of many welcome gifts. If for nurse friends, dressing instruments, hypodermic syringes, rubber hot water bottles will afford a satisfying choice. If for invalids, all kinds of appliances designed for their comfort may be inspected. Those nurses who are unable to visit the Mortimer Street establishment can readily make a selection from the illustrated catalogue which the firm will supply post free on application.

MESSRS. GARROULD'S.

Messrs. Garrould's Christmas Bazaar at 150-162, Edgware Road, W., is always full of the most attractive gifts—this year is no exception to the rule.

Leather bags for district nurses and midwives—most acceptable gifts—are to be obtained in

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